

# Imodium®

## PLUS CAPLETS

loperamide, simeticone

- This medicine is used to treat sudden short-lived (acute) attacks of diarrhoea and calm additional abdominal discomfort such as cramps, wind and bloating.
- This medicine is for use by adults and children aged 12 years and over.
- **Do not take this medicine:**
  - There are some people who should not use this medicine. *To find out if you are one of them. See Section 2 ►*
  - If you have ever had a **bad reaction** to any of the ingredients. *For the list of ingredients. See Section 6 ►*
- **Speak to your doctor:**
  - If you suffer from any of the conditions mentioned in *Section 2 ►*
  - If you are taking any **other medicines**. *See Section 2 ►*
- **Follow the dosage instructions carefully.** Children and adults need different amounts. These are shown in the dosage table. *See Section 3 ►*

**Now read this whole leaflet carefully before you use this medicine.** Keep the leaflet: you might need it again.

## 1 What the medicine is for

Imodium Plus Caplets is a medicine which is used to treat sudden short-lived (acute) attacks of diarrhoea and calm additional abdominal discomfort such as cramps, wind and bloating. The caplets contain loperamide hydrochloride, which helps reduce diarrhoea by slowing down an overactive bowel, which helps the body to absorb water and salts from the bowel. The caplets also contain simeticone, which is an anti-foaming agent that breaks up gas bubbles in the bowel that causes cramps and bloating.

This medicine is for use in adults and children aged 12 years and over.

## 2 Before taking this medicine

This medicine is suitable for most adults and children aged 12 years and over, but a few people should not use it. If you are in any doubt, talk to your doctor or pharmacist.

### X Do not take this medicine...

- If you have ever had a **bad reaction** to any of the ingredients.
- If it is for a child **under 12 years old**.
- If you have **severe diarrhoea** after taking antibiotics.
- If you are having a flare up of an **inflammatory bowel** condition like **ulcerative colitis**.
- If you are **constipated** or your **stomach appears swollen**.
- If you have **acute dysentery**, the symptoms of which may include **blood in your stools** and a **high temperature**.

If any of these apply to you, **get advice from a doctor or pharmacist without taking Imodium Plus Caplets**.

### A Talk to your doctor or pharmacist...

- If you have **AIDS** and your **stomach becomes swollen**, stop taking the caplets immediately and contact your doctor.
- If you suffer from **liver disease**.
- If your diarrhoea lasts for **more than 48 hours**.
- If you have **severe diarrhoea** as your body loses more fluid, sugars and salts than normal.
- If you are taking any **other medicines**, including:
  - **ritonavir** (used to treat **HIV**) or **quinidine** (used to treat **abnormal heart rhythms** or **malaria**).

If you are unsure about any of the medicines you are taking, show the bottle or pack to your pharmacist.

If any of these bullet points apply to you now or in the past, **talk to a doctor or pharmacist**.

### A If you are pregnant or breast-feeding

- Ask your doctor or pharmacist for advice before taking this medicine if you are pregnant, think you are pregnant or planning to become pregnant.
- Do not take this medicine if you are breast-feeding as small amounts may get into your milk. Talk to your doctor about a suitable treatment.

### A Special warnings about this medicine

- This medicine may make you feel dizzy, tired or sleepy. If affected do not drive or operate machinery.
- Imodium Plus Caplets only treat the symptoms of diarrhoea. When you have diarrhoea, your body can lose large amounts of fluids and salts. You will need to replace the fluid by drinking more liquid than usual. Ask your pharmacist about special powders (known as **oral rehydration therapy**) which replace fluids and salts lost during diarrhoea.

## 3 How to take this medicine

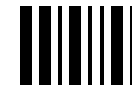
**Check the table overleaf to see how much medicine to take.**

- Swallow the correct number of caplets whole with a drink of water.
- For oral use only.
- Do not use more than the stated dose shown in the table.

### i Children under 12 years old

This medicine is not recommended for children under 12 years old.

turn over ►





## **i** Adults and children 12 years and over

Age	Dose
<b>Adults over 18 years old</b>	Swallow <b>two caplets</b> initially, followed by <b>one caplet</b> after each loose bowel movement.
<b>Children and young adults (12 to 18 years)</b>	Swallow <b>one caplet</b> initially, followed by <b>one caplet</b> after each loose bowel movement.

- Do not take more than 4 caplets in any 24 hour period.
- Do not take for more than 48 hours. If symptoms persist for more than 48 hours talk to your doctor.

### **!** If anyone takes too much of this medicine

If anyone takes too many Imodium Plus Caplets, contact your doctor or nearest Accident and Emergency department (Casualty) taking this leaflet with you.

### **!** If you forget to take the medicine

You should only take this medicine as required following the dosage instructions above carefully. If you forget to take a dose, take a dose after the next loose stool (bowel movement). **Do not** take a double dose.

## 4 Possible side-effects

Imodium Plus Caplets can have side-effects, like all medicines, although these don't affect everyone and are usually mild.

### If you experience any of the following, stop using the medicine and seek immediate medical help:

- Very rarely:** (less than 1 in 10,000 people are affected)
- Allergic reactions including unexplained wheezing, shortness of breath, passing out or swelling of face and throat.
  - Skin rashes which may be severe and include blistering or peeling of the skin.

### If you experience any of the following, stop using the medicine and talk to your doctor:

- Very rarely:** (less than 1 in 10,000 people are affected)
- Itchiness or hives.
  - Difficulties passing water.
  - Stomach pain or swollen stomach.
  - Severe constipation.

### Other effects which may occur include:

- Very rarely:** (less than 1 in 10,000 people are affected)
- Dizziness or drowsiness.
  - Vomiting, indigestion, constipation or wind.
- Common:** (less than 1 in every 10 people but more than 1 in 100 people are affected)
- Feeling sick or a change in the way some things taste.

If you experience any side-effects not included in this leaflet or are not sure about anything, **talk to your doctor or pharmacist.**

## 5 Storing this medicine

Keep the product out of the reach and sight of children. This medicinal product does not require any special storage conditions.

Do not use your medicine after the date shown as the expiry date on the packaging.

## 6 Further information

### What's in this medicine?

**The active ingredients in Imodium Plus Caplets are:** Loperamide hydrochloride 2 mg and simeticone (equivalent to 125 mg polydimethylsiloxane) per caplet.

**Other ingredients are:** Calcium hydrogen phosphate anhydrous, microcrystalline cellulose, acesulfame K, artificial vanilla flavour (includes propylene glycol, maltodextrin and benzyl alcohol), sodium starch glycolate and stearic acid.

### What the medicine looks like

Imodium Plus Caplets are white caplets available in packs of 6.

### Product Licence holder:

McNeil Products Ltd, Maidenhead, Berkshire, SL6 3UG, UK.

### Manufacturer:

Janssen-Cilag SpA Via C.Janssen, Borgo San Michele, Latina, Italy.

### This leaflet was revised December 2008.

Imodium is a registered trade mark.

